## Tribal Cultural Resources Law in California: A Training Series for Tribes Unit 10 - Executive Summary

Unit Title: Training Series Closing Considerations

## **Outline of Training:**

This is the closing unit of the training series. It is important to bring consciousness to the difficult nature of the subject matter of the training series and the work done within Tribal Cultural Resources Law. A moment of reflection will be provided along with a brief overview of the concepts around indirect trauma and protective practices for trainees exposed to the traumas suffered by others.

This unit is grouped into two parts:

Part 1: Beyond the Training to the Work Part 2: Healing and Gratitude

This unit takes 17:03 minutes to complete.

## Target outcomes:

- The audience will gain an appreciation of the grief and trauma tribal cultural resources work brings and ways to cope and practice self care.
- The audience will learn about the trainer's own journey protecting her tribe's remains and how important this work is to her.
- The audience will practice a moment of silence to reflect on the training and the work ahead.

## **Discussion Questions**

The following questions can be used to discuss this topic withing a training group:

- 1. Having viewed the entire training, how would you update our self care practices from the fifth unit?
- 2. What resources would you like to see in order to better cope with the protection tribal cultural resources? Discuss ways that tribes could share knowledge on this subject. Discuss ways the state could better facilitate support.